



Women's Empowerment Initiative (WEI)

Harambee Community Development Initiative
60 Glenwood Avenue
East Orange, NJ 07017
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Visit Harambee and WEI on the web at www.focusedaction.org

The Women's Empowerment Initiative is a faith-based movement that partners with women to achieve success through networking, education, advocacy and economic empowerment. WEI was founded on the principle that:

- When we empower single head-of-household women, we strengthen the family;
- When we strengthen the family, we facilitate and improve opportunities for their children; thereby
- Creating a catalyst for positively impacting the future of the community.

To achieve its goals, WEI offers women a number of programs and services designed to foster self-sufficiency and wholeness, including career readiness and job placement; fiscal literacy training and homeownership counseling; and fitness and wellness programs.

What's New @ Harambee

Harambee Wellness Center will open on October 1 to help clients achieve their fitness and healthy lifestyle goals. Services offered include personal training, nutrition counseling and massage therapy.

Harambee will offer **Personal Financial Counseling** starting in October for individuals who need assistance with their financial needs, such as creating a budget, credit repair, debt reduction and financial planning. Services will be offered by appointment, with a sliding fee scale based on income.

Contact Harambee at 973-675-5000 for more information about the Wellness Center and the Personal Financial Counseling.

Hold the Date:

Saturday, January 10, 2009

WEI Quarterly Conference: "The Audacity of Hope"

The United States is on the verge of an unprecedented election. Regardless of which party occupies the White House in January, history will be made and — no doubt — change will be the order of the day. The January WEI conference will explore the implications the new administration will have on policies and legislations affecting women, youth and families.

Heads Up:

WEI will host its Mid-Winter Fundraiser during March 2009.

Details about the conference and fundraiser will be communicated shortly.



Workshops and Seminars to Enrich Your Life

Fall 2008 through Winter 2009

Offerings-at-a-glance

- **Becoming Street Smart: Protecting Yourself from Crime** September 27
- **Domestic Violence Workshop** October 11
- **Deck the Halls** October 25
- **Its all About Me: A Journey to Self Discovery** November 1
- **Club Salsa/Merengue** November 14
- **What Black Men Think** December 13
- **Financial Peace University** January 22 through April 16
- **WEI Quarterly Conference: The Audacity of Hope** January 10, 2009



Sponsored by the Harambee Women's Empowerment Initiative ...
Empowering Women, Strengthening Families, Transforming Communities

Introducing Workshops, Programs and One-Day Courses

The Women's Empowerment Initiative is delighted to announce an ongoing series of workshops and programs on a range of topics that will provide participants with useful information, valuable resources, beneficial support, spiritual fulfillment and much needed relaxation.

We hope you take advantage of these offerings and look forward to seeing you at the workshops.



Financial Peace University
A 13-Week Program
January 22 through April 16, 2009 7:00 to 9:00 p.m.

Financial Peace University is a 13-week video-based small group study that teaches families how to beat debt and build wealth like never before. You'll

be empowered with the practical skills and confidence needed to make the right decisions with your money, achieve your

financial goals and experience true financial peace!

Each of the 13 Lessons deals with a different topic that will change the way you think about personal finance. The program teaches about how to save money, live on a budget, communicate about money, eliminate debt, find bargains, and experience the joy of giving. On average, families reduce their debt by \$5,300 and save \$2,700 in just 91 days.

To learn more about Financial Peace University, visit the website: www.daveramsey.com/fpu/church.

Facilitator: Anna Banks
Fee: \$99.00 per family; includes workbook and other workshop materials
Location: Harambee CDI, 60 Glenwood Ave, East Orange, NJ

